### THE EUCHARIST AS HOLY COMMUNION

### Why do we have to go to Mass?

Ŷ

We owe God worship. As a prayer at Mass states, "It is truly right and just, out duty and our salvation, always and everywhere to give you thanks." And we must worship God the way he desires. This is a crucial point: When it come to our worship of God, what's most important is not our personal preferences but what God himself has revealed about how we are to worship him. And as we've seen, Jesus commanded the Apostles to celebrate the Eucharist as the central act of worship. As the US bishops have explained, "To worship God on Sundays, then, is not the mere observance of a rule but the fulfillment of our identity, of who we are as members of the Body of Christ. Participation in the Mass is an act of love."

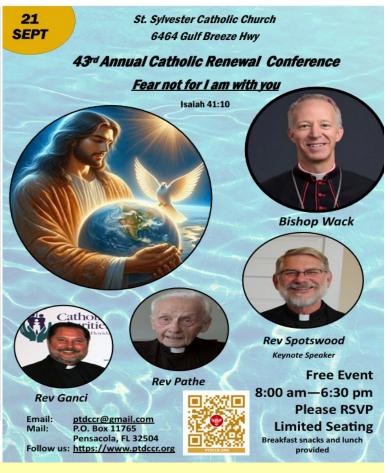
#### AMEN GENEROSITY

### From Above

"All good giving and every perfect gift is from above." (Ja 1:17). Our gracious Lord has already made every gift that you and I have ever given, and ever will give. All our giving has a beginning in God. We are really stewards of God's generosity. God gives. We share a piece of God's heart when give from our own hearts. This sharing of God's generosity makes our lives holy and gives us great purpose. That is the "Amen" in Amen Generosity. Lord, you are so good and generous to me and through me to change the world and glorify God. I only need to say Amen.







# Diocese of Pensacola-Tallahassee with Cross Catholic Outreach FOOD PACKING EVENT #2

Help us raise \$30,000 so we can pack 100,000 meals



to feed children & families in developing countries

# Saturday, September 7



Walton County Fairground 790 N 9th St (Hwy 83), DeFuniak Springs



Two shifts for volunteers 9:00-11:30 ам & 12:30-3:00 рм

When using QR codes, be sure to Scroll down the page to find our Event

or go to: crosscatholic.org at Church & School dropdown select Food Packing Events Under the picture select Support or Volunteer to Donate or Sign Up Scroll down to select our event Invite groups, businesses, or other organizations to donate mail checks to:

Cross Catholic Outreach P O Box 273908

Boca Raton, FL 33427-3908 Write our code in the memo:

UCP24PTC902

Questions? 850-624-6891 joanwalker02@gmail.com